

AUTISM SPECTRUM INTERVENTION PARENT DISCUSSION GROUP

*Our goal is to learn, discuss, and share information
about all interventions that may help our children.*

RESOURCE LIST

*These are personal resources provided by a Jennifer McNulty, a parent of a child with autism.
These resources are provided to you based on personal experience and opinion. These resources
are not intended to dispense any medical advice or endorse a specific therapy for your child.
It is important you get a qualified medical doctor's support for therapeutic interventions.*

Autism Spectrum Intervention Parent Discussion Group is a local group of parents of children who are on the autistic spectrum who are interested in networking and sharing information. We are proactive in examining what are effective interventions for our children, and in helping each other find sources of information and support. We meet at California Lutheran University the 3rd Thursday of every month.

For information contact:

Jennifer McNulty 805-492-9743 or Leila Silva 805-480-9039
email: jennim@mcnultyco.com

ABA

LIFE - Lovaas Institute For Early Intervention

LIFE - www.lovaas.com

This organization is administering my son's ABA program. He made more progress in 3 months than he did in a year and a half in the school district autism program. Disbelieve anyone who tells you ABA doesn't work.

Holdsenbeck & Associates, Jennifer Swanson

www.ebip.com, 805-733-2363

Cal Psych Care, Ali Sadeghi

818-501-6565

Additional Helpful web links:

THE site on ABA

<http://rsaffran.tripod.com/aba.html>

Cambridge Center for Behavioral Studies

www.behavior.org

Autism Societies

Autism Society of America

www.autism-society.org

Lots of links to resources

United Autism Alliance (used to be ASLA)www.unitedautismalliance.org

Lots of links to resources

Ventura County Autism Society

www.vcas.info, 805-496-1632

Links to some local resources, community awareness

Advocacy

Valerie Vandemin, advocacy attorney, Westlake

Bruce Bothwell, advocacy attorney, Long Beach (worth the drive)- 562-435-0818

Families for Early Autism Treatment

www.feat.org

A great group for information on how to advocate for your child and get appropriate early intervention programs.

Autism Research Organizations

ARI - Autism Research Institute

web: www.autism.com/ari

4182 Adams Avenue, San Diego, CA 92116

Fax: (619) 563-6840

**Go to their web site. Read EVERYTHING! This is where I started. Remember, the guy who started this organization, Dr. Bernard Rimland is the one you should thank when they tell you "it's not your fault". Prior to his book, "Infantile Autism" published in the 1960's, Autism WAS blamed on the parents. He shifted the tide in thinking, and gathered together the doctors who began DAN! Interesting note: He consulted on the movie "Rainman". His son Mark is now 47.*

Center for the Study of Autism

www.autism.org

UC Davis MIND Institute

www.ucdmc.ucdavis.edu/mindinstitute

Books

◆ **Facing Autism: Giving Parents Reasons for Hope and Guidance for Help**

by Lynn M. Hamilton, Bernard Rimland

This book is excellent, and covers many important topics. It is the first book I would recommend to a parent with a newly diagnosed child

Unraveling the Mystery of Autism and Pervasive Developmental Disorder: A Mother's Story of Research and Recovery

by Karyn Seroussi, Bernard Rimland

Excellent also, explains in depth gut dysfunction, the GFCF diet and why it works for some children.

Children with Starving Brains

Jaquelyn McCandless, MD

Excellent, from a guru of biomedical interventions. This book details the current research and interventions, and Dr. McCandless personal experiences working with autistic children.

Autism Research Institute's DAN! Biomedical Assessment Options Manual

DEFEAT AUTISM NOW! Biomedical Assessment Options for Children with Autism and Related Problems, by Jon B. Pangborn, Ph.D. and Sidney M. Baker, M.D., with an introduction by Bernard Rimland, Ph.D.

This October 2002, version of the DAN! Protocol replaces the 1996, 1997, 1999, and 2001 Clinical Options Manuals that have revolutionized the biomedical approach to the diagnosis and treatment of autism, PDD and related disorders.

If you are serious about looking into biomedical interventions, you MUST get this book. Written for physicians by physicians. Some parents who have brought this book to their pediatrician to help them understand biomedical interventions. It is in two parts, the first half by Jon Pangborn will scare most people away, because it is heavy on the chemistry. Skip right to the second half written by Dr. Sidney Baker (he used to be head of pediatrics at Yale). This portion is a fairly easy read for practitioners, and most parents will find it understandable. Go back and read the first half if you have a strong leaning towards biochem.

Biological Treatments for Autism and PDD

by William, Ph.D. Shaw

Written by the guy who started Great Plains Labs in Kansas. Very good book - overviews of most all biomedical issues and alternative treatments. Easy to read.

Detoxification & Healing

by Sidney MacDonald Baker, MD (DAN! Practitioner)

Written by the for everyone, but mentions his work with autistic children. Very easy to read, and Dr. Baker interjects a sense of humor into his writing. Dr. Karima Hirani recommended this book as well as the following book when she was treating ME. While educating myself on the immune system, it helped me to understand how these issues apply to my child.

Heal Your Heartburn, Sherry Rodgers, MD (DAN! Practitioner)

Rotten title, great book. It's not really about heartburn. You will have a good understanding of gut issues and related immune problems after reading this book.

Is This Your Child, by Doris Rapp Md

Many children have undiagnosed allergies.

Is This Your Child? shows parents how to identify the common foods, chemicals, or common allergic substances that could be the culprits that cause some children or adults to feel unwell or act inappropriately. If your child is always sick, hyperactive, a slow learner, or cranky, the first question you should ask is not "What drug should be prescribed?" or "What have I done wrong as a parent?" Instead, find out the cause.

What Your Doctor May Not Tell You About Children's Vaccinations

Stephanie Cave

You need to read this book prior to vaccinating your child. Dr. Stephanie Cave (DAN! practitioner) outlines topics to be concerned with, so a parent can make intelligent decisions about how and when to vaccinate.

Vaccination, Social Violence, and Criminality: The Medical Assault on the American Brain,

by Harris L. Coulter

Very scary, it's tough to read because it rings so true. It makes you wonder about how many people sustained minimal neurological injuries which cause them to behave aggressively or impulsively, or have other sociopathic behaviors.

What To Do About Your Brain Injured Child,

by Glenn Doman

This book was extremely helpful in helping me understand why physical activity is so essential for brain development. The Brain Gym philosophy, and Carla Hanaford's Smart Moves were developed from the original research that the Doman brothers did.

Conquering Autism: Reclaiming Your Child Through Natural Therapies

Stephen B. Edelson, MD

Highly recommended by a mom whose child whose immune system is recovering due to biomedical interventions.

Special Diets for Special Kids

by Lisa Lewis

Essential for parents going GFCF.

Videos

Physicians who have successfully treated their own autistic children: The Defeat Autism Now! (DAN!) Doctors

Presented at the July 2001 Conference of the Autism Society of America. Panel Chairman: Paul M. Hardy, M.D., of the Professional Advisory Board of ASA. Three parent-physicians (Jeff Bradstreet, M.D., Amy Holmes, M.D., and Miriam Jang, M.D.) explain how they found conventional medicine ineffective in helping their autistic children, in contrast to the remarkable improvement achieved in their own, and hundreds of other, autistic children with the DAN! approach. Tape contains the full presentations by the four physician-presenters, plus questions and answers from the audience. 2 hours and 36 minutes.

**Available on Amazon and from ARI. Highly recommended.*

Uninformed Consent

<http://www.universityofhealth.net/UICHomePage.html>

Very scary video focusing on the effects of mercury toxicity, much is discussed about mercury amalgams.

Conferences

DAN! Defeat Autism Now!

October 3 to 5 in Portland, Oregon

Go to ARI web site for information.

The Autism Research Institute convened a group of about 30 carefully selected physicians and scientists in Dallas in January, 1995, for the express purpose of sharing information and ideas toward defeating autism as quickly as possible. The participants, from the U.S. and Europe, represent the most advanced thinking by some of the best minds in the autism world. The participants continue to work together toward the goal of finding effective treatments.

One major goal of the DAN! Conference was to produce a document that could be used by physicians everywhere as a guide for the clinical assessment of autistic patients, leading to appropriate treatment. A consensus statement of the state-of-the-art alternative medical approach to the diagnosis and treatment of autism. Parents and physicians who do not regard psychotropic drugs as the best or only means of treating autistic patients will welcome this advanced manual on clinical assessment. *(see books)*

I can not say enough about the doctors who are part of DAN!. They are amazing, brave individuals who have dared to question the status quo. It is noteworthy to state that now Harvard University is on board, and is implementing the DAN! protocol. Going to a DAN! conference is immeasurably valuable, and especially for those who have a "medical background". It is a forum where issues and treatments are thoroughly presented. The slide show on diapers is especially entertaining.

For additional information and registration, please visit our web site www.DANconference.com.

ICDRC - International Child Development and Resource Center

www.icdrc.org - click on this link to get info on conferences. They also do online training. Started by Dr. Jeff Bradstreet, DAN! practitioner, and parent of a child with autism. Dr. Bradstreet's contributions to the field of biomedical interventions is incredible.

Parent Support and Information

ASI - Autism Spectrum Intervention

Parent Discussion Group

Meets at CLU 3rd Thursday of every month

Contact: Jennifer McNulty 805-492-9743
or Leila Silva 805-480-9039

Formed for parents to network and discuss appropriate interventions for their children.

TACA - Talk About Curing Autism



www.curingjeff.org

This is an awesome site put together by Lisa Ackerman, founder of TACA. Talk About Curing Autism Now. LOTS of GREAT information! Invaluable. They have great speakers at their meetings.

Ventura County Autism Society

Parent Night Discussion

www.vcas.info, 805-496-1632

Parent discussion nights every 2nd Friday of the month at Camarillo Healthcare District. Usually there is a speaker and discussion is devoted to specific topic. Local Resource list is available.

Additional Parent Websites:

www.danasview.net

LOTS of links and information.

www.geocities.com/crystal_fernando/index.html

More links and information.

E-Groups

Logging into an e-group is an extremely powerful way to get information! Just go to Yahoo, select groups and do a search under the name.

autisminterventionsocal

This particular e-group consists of 200 southern california parents, most of which are very proactive and knowledgeable. At times, they were my lifeline to information. You can post any question regarding biomedical interventions, doctors, ABA, schools, regional center issues, legal issues, and you will likely get several responses. A VERY helpful group.

autism-mercury

A national group consisting of many very knowledgeable people. Focusing on mercury toxicity and awareness, and biomedical interventions.

sbata

Santa Barbara area parents. A proactive group.

Medical

Southern California Docs:

Karima Hirani, M.D., M.P.H.

Los Angeles (near Marina Del Rey)

DAN! practitioner

ph: 310-577-0753

www.drhirani.com

Dr. Alan Schwartz, , M.D.

Holistic Resource Center

Agoura Hills

DAN! practitioner

ph: 818-597-0966

Ronald Wempen, M.D

Environmental Medicine

Irvine

DAN! practitioner

ph: 949-551-8751

Dr. Michael Goldberg, M.D.

NIDS (Neuro Immune Dysfunction Syndrome)

Tarzana

1-888-540-4999

web: www.nids.net

The NIDS Research Institute, which consists of the NIDS Parents Coalition and the NIDS Scientific Board, is dedicated to increasing the public's awareness of the likely connection between neuro-immune and/or auto-immune dysfunction and conditions such as Autism, ADD, Alzheimer's, ALS, CFS/CFIDS, MS and other immune-mediated diseases.

For more doctors, go to:

and click on: **DAN! Practitioner List** -- United States, scroll to CA docs. You can log into **autisminterventionsocal** e-group on Yahoo and ask others their experiences with a specific doctor, and you will usually get responses.

Note: More doctors in Ventura County are becoming interested in biomedical interventions to treat ASD. I will add them to this list as they become available.

Doctor Sites:

Health Research Institute and Pfeiffer Treatment Center - www.hriptc.org

Good News Doctor – Dr. Jeff Bradstreet and Dr. Jerry Kartzinel (DAN! docs) - www.gnd.org

International Child Development and Research Center - www.icdrc.org

Started by Dr. Jeff Bradstreet and Dr. Jerry Kartzinel, prominent DAN! docs. They have seminars. AND very cool for parents who can't get to conferences... you can do online training!

Dr. Michael Goldberg, NeuroImmune Dysfunction Syndrome - www.nids.net

Dr. Karima Hirani - www.drhirani.com

Not much info on her site on autism, but she is an awesome doctor! There is some related info.

The Sunderland Protocol

Paul Shattock (DAN! doc, England) -

<http://osiris.sunderland.ac.uk/autism/durham2.html>

Labs:

Only a MD can order appropriate testing, but you can go to these links if you want information on types of testing done. Some of these sites have a lot of useful information.

Great Plains Laboratory

www.greatplainslaboratory.com

Great Smokies Diagnostic Laboratory

www.gsdl.com

Immuno Laboratories - www.immunolabs.com

IMMUNOSCIENCES LAB

www.immuno-sci-lab.com

Doctor's Data - www.doctorsdata.com

Metamatrix Clinical Laboratory

www.metamatrix.com

Supplements:

Kirkman Laboratories - kirkmanlabs.com

Vitamin Research Products - vrp.com

Houston Nutraceuticals Inc

www.houstonni.com

digestive enzymes

Diet

REMEMBER!!! The "DIET" is not synonymous with biomedical treatment!

Only a MD who is appropriately trained in treating children on the ASD spectrum can order appropriate testing for your child and prescribe appropriate treatment! It is very important to enlist a qualified doctor's support. Many children on the ASD spectrum with un diagnosed gut dysfunction have benefited from doing the GFCF diet. It is important to SELF-EDUCATE so you can understand other issues which may be involved. Once you have made the decision to start this diet, it is essential to read related books, and network with other parents for support.

General Information:

GFCF Diet- [gfcfdiet.com](http://www.gfcfdiet.com)

Since 1999, this web site, www.gfcfdiet.com has been a free resource for any parent who needs support implementing the GFCFDiet. It provides a central location for parents to find other parents who are also using Dietary Therapy. It is the largest resource of its kind on the Internet, not only providing lists of products to help guide you through the grocery stores (always READ LABELS!!) but also other relevant information which will assist every parent using the GFCFDiet.

Autism Network for Dietary Intervention

www.autismndi.com

Providing Help And Support For Families Using A Gluten & Casein Free Diet In The Treatment Of Autism And Related Developmental Disabilities

Feingold Association - www.feingold.org

An organization of families and professionals, The Feingold® Association of the United States is dedicated to helping children and adults apply proven dietary techniques for better behavior, learning and health

E-Group:

<http://groups.yahoo.com/group/GFCFkids/>

Products:

Vances Foods - www.vancesfoods.com

Very good milk replacement made from, yes, potatoes!

The Gluten Free Pantry - www.glutenfree.com

Gluten Solutions - www.glutensolutions.com

Kinnikinnick - www.kinnikinnick.com

Really great pre-baked products, call them to find out the best products.

Ener-g Foods - www.ener-g.com

Great GFCF pretzels for snacks.

Authentic Foods - www.authenticfoods.com

Many gluten free flours and mixes

Splenda - www.splenda.com

Sucralose product, made from sugar, appropriate for those on reduced sugar diets

Miss Robens - www.missroben.com

Better Batter - www.betterbatter.com

Yorkshirefarms - www.yorkshirefarms.com

Gluten free chicken nuggets

Edward and Sons - www.edwardandsons.com

Dye free gummi bears

Recipes:

<http://geocities.com/danaatty/gfcfkids.htm>

Online Newsletters

Schafer Autism Online Newsletter

To Subscribe <http://home.sprynet.com/~schafer/>

The MAN who keeps you up to date! Sign UP! It is a fabulous source of info.

www.redflagsdaily.com

lots of great articles, many related to autism

Vaccine Safety Awareness

GET THE FACTS! Explore these links:

www.safeminds.org

◆ www.909shot.com

www.autismfraud.com

www.whale.to/vaccines.html

www.autism-mercury.com

www.mercuryvaccinealliance.com

www.autisminfo.com

www.autismautoimmunityproject.org

www.casiquest.org

◆ www.factsformedia.com

OT

Children's Therapy Center

Camarillo - Paul Filkins

805-383-1501

Speech Therapy

Communication Matters

Thousand Oaks, Mindy Newhouse

805-497-7661

Products

Dave Halls' The Cellerciser

mini-trampoline

www.cellercise.com/store

Half Fold Cellerciser - Professional Portable Half Fold Cellerciser Kit plus Balance Bar \$398.00

** This is just the most awesome product. It is so durable. Built for adults, but my son uses it daily. Great for cardio, aiding circulation, strength, and balance. and kids who have unmet physical sensory needs.*

Note: I found a similar product online called the Rebounder for \$249.00